

## **Treatment Prices**

### **Massage Treatments**

Treatment's Name	Description	Time Duration	Price
Swedish Massage	Classic Massage in almond oil providing a feeling of relaxation and comfort , helps in stimulating the blood circulation and soothes stressed muscles and mind	50 min	280 NIS
		70 Min	350 NIS
Deep tissue Massage	A deeply centered treatment method to release muscles and stress points throughout the body	50 min	330 NIS
		70 Min	390 NIS
Aroma-therapeutic Massage	A gentle and pampering massage with aromatic oils, each oil has an individual qualities and scent	50 min	320 NIS
		70 Min	390 NIS
Athletic Massage	A "warm-up" massage conducted prior to athletic activity, a massive massage focused on muscle types and kind of athletic activity. loosens and relaxes at the end of the athletic activity	50 min	320 NIS
		70 Min	390 NIS
Combined Massage	Combining several treatment techniques in accordance with the therapist expertise	50 min	310 NIS
		70 Min	380 NIS
Massage for pregnant women	A combined gentle massage for pregnant women which are at week 16 an onward. Alleviate symptoms such as heaviness and swollenness.	50 min	310 NIS
Edge Massage	Massaging the entire body, working on feet, legs and head. The massage relaxes and helps with improving blood circulation	30 min	210 NIS
		50 Min	290 NIS
Neck, shoulders and back Massage	A short treatment focused on the torso only.	30 min	190 NIS
Reflexology	Massage along side gentle presses for the feet. Provides relaxation and overall calmness	50 min	290 NIS
Vitalis Seashell Treatment	A new and unique full body treatment. Done with self heating seashells for the benefit of the muscles and a total well being.	60 min	390 NIS
Aroma Hot Stones Massage	An experimental and pampering treatment based on old Indian heritage, combining hand massage together with warm and cold brook stones	50 min	340 NIS
		70 Min	440 NIS
4 Hands Swedish Massage	A classical integrated massage conducted by two therapists working in coordination. A joyful and experiential treatment	50 min	470 NIS

### From the Far East

Shiatsu	An ancient far east tradition, combining together physical and energetic work, comprised of presses throughout the body. The treatment is conducted over a mattress with light and comfortable clothing.	50 min	310 NIS
Thai Massage	A method based on traditional yoga principals, includes stretching guides and pressing throughout the body. The treatment is conducted over a mattress with light and comfortable clothing.	50 min 70 Min	330 NIS 390 NIS
2 Hands Ayurveda	An ancient Indian culture divided into two phases: anointing sesame oil and libation of hot sesame oil on the forehead.	70 min	390 NIS
4 hands Ayurveda		70 Min	540 NIS
2 Hands Avianga	An experiential treatment inspired by the Indian torah, anointing sesame oil throughout the body, a part of the traditional Ayurveda	50 min	290 NIS
4 hands Avianga			390 NIS
Shirodhara	Face and head message inspired by the Ayurveda torah conducted by pouring hot sesame oil on the third eye.	30 min	190 NIS

### Energetic Treatments

Reiki	An energetic treatment for balancing body and soul. A treatment method which opens up blockages and relaxes.	50 min	280 NIS
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### Peeling and Mud treatments

Salt	Used for opening porousness, removal of dead cells, rejuvenating of cells and blood circulation. Leaves the skin as soft as velvet, feeling invigorated, renewal and cleanliness	50 min	270 NIS
Dietetic Peeling Scrub	For opening porousness, for removing dead cells, rejuvenating cells and improving blood circulation. Leaves the skin as soft as velvet, feeling invigorated, renewal and cleanliness. grapefruit scented	50 min	270 NIS
Relax Peeling Scrub	For opening porousness, for removing dead cells, rejuvenating cells and improving blood circulation. Leaves the skin as soft as velvet, feeling invigorated, renewal and cleanliness. Vanilla lavender patchouli scented	50 min	270 NIS
Sensual Peeling Scrub	For opening porousness, for removing dead cells, rejuvenating cells and improving blood circulation. Leaves the skin as soft as velvet, feeling invigorated, renewal and cleanliness. Vanilla and Coconut scented	50 min	270 NIS
Cleansing	For opening porousness, for removing dead cells, rejuvenating	50 min	270 NIS

Peeling Scrub	cells and improving blood circulation. Leaves the skin as soft as velvet, feeling invigorated, renewal and cleanliness. Honey and Cinnamon scented		
Loosening Peeling Scrub	For opening porousness, for removing dead cells, rejuvenating cells and improving blood circulation. Leaves the skin as soft as velvet, feeling invigorated, renewal and cleanliness. Peach scented	50 min	270 NIS
Black Magic wrap	A warm mud mask all over the body, rich with minerals to reduce arthritic pain and overall relief	50 min	260 NIS
Seaweed Wrapping	A rich with minerals seaweed mask for skin nourishment and body cleansing	50 min	290 NIS

### Trio packages of 50 Minutes per treatment (sequentially or over a period of time)

Piloatso	Peeling, Swedish Massage, shiatsu	730 NIS
Cleopatra's beauty	Cleopatra's Bath, Aromatic Massage, a Classical beauty treatment	660 NIS
Peelenga	Peeling, Mud Wrapping, 2 Hand Avianga	650 NIS
Vitalis	Peeling, Yogurt wrapping, Swedish Massage	700 NIS

### Quattro Treatment Package (sequentially or over a period of time)

Alexander	Peeling, Deep tissue massage, Thai Massage, Hot Stones	1080 NIS
Meltaki	Oils bath, a facial moisture mask, reflexology , aroma therapeutic massage	770 NIS
Cleopatra	Aroma therapeutic bath, Swedish Massage, Facial mask, Shiatsu	850 NIS
Beauty Secrets	Cleopatra bath, Body Peeling, 2 Hand Avianga, Facial treatment	860 NIS

### "Sothys Paris" Body Treatments

Body Massage "peace of the senses"	A soothing massage with orange oils, marjoram and lavender	50 min	280 NIS
"Oriental Experience" Body Massage	An oriental sensation with a traditional Indian inspiration, made with small aromatic bags, soaked with hot seasoning and scented butter. Originated in South-East Asia	50 min	340 NIS
Sea Treasures	A cleansing treatment, rejuvenating and nourishing, peeling and seaweed wrapping and citron oils. Used as a preface for slimming, restfulness and cleansing.	50 min	380 NIS
Oriental ceremony	A traditional Indian oriental massage with aromatic small bags soaked in hot seasoning and scented butter	50 min	440 NIS
Hanakasomi	A rejuvenating and nourishing treatment based on Japanese tradition, utilizing cherry buds and rice powder. Warm peeling (scrub), feet and body massage.	50 min	440 NIS

### Sothys Paris" Facial and Body Treatments"

Premium	A comprehensive facial and	Face and Body 90 Min	1050 NIS
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treatment "Sothys Secrets"	body massage, multi-sensual, surrounded by pleasurable scents and textures, rejuvenates the skin and relaxes the mind – Anti-Age and Anti-Stress.		
		Face 60 Min	770 NIS

## Sothys Paris" Facial Treatments"

Classical beauty treatment	The perfect treatment prior to an event and in any occasion which requires an instant glamour effect! Suitable for all types of skin.	50 Min	300 NIS
Deep Cleansing – "Mat Finish"	Balances and restores, for classical oily skin or for mixed skin with blackheads. Regulates the milk glands activity and balances the skin's flora. Provides hypertension moisture and reduces the skin's outer shine	70 Min	420 NIS
Anti-Aging – 15% Glycoly peeling	Imagine...within 50 minutes a brighter skin tone, smother, shinier. A 2-part glycoly peeling treatment: fast, effective, gentle and non traumatic. Without redness, rejuvenates, soothing and smoothing the skin's surface and for a lighter unified and glamour shade	50 Min	340 NIS
Anti-Aging – Inserting Intensive moisture	An intensive professional treatment which inserts moisture via 3 methods: self regulating of the moisture flow with complex, increasing the biological availability of calcium in order to double the moisture level and rehabilitating the skin structure.	50 Min	470 NIS
Anti-Aging – Mini Lifting	A basic anti-aging treatment intended for low tension skin inclined for weakness. Total cohesion, this series offers a prevention or rehabilitation solution for weak skin, to restore the tune and skin firmness, for redesigning the face's outline and rejuvenating the look.	50 Min	420 NIS
A treatment to restore sun damages	A true emergency treatment for skin soothing and relieving skin symptoms indicating on a sensitive status, stinging, redness and heat, dryness and a stretched sensation, reduces the hyperemia and/or the Arithma.	50 Min	350 NIS
Rejuvenating treatment for the eye area – "Active Contour" <sup>™</sup>	A comprehensive rejuvenating treatment for the skin around the eye area with Fito-biotech technology: multi-purpose herbal extracts which eliminates eyelid swelling, smoothing of skin around the eye, preventing and treating wrinkles and providing an invigorated feeling and calmness.	50 Min	300 NIS
A cleansing treatment for men	A hour long relaxation with a cleansing facial treatment, anti-age and anti-stress based on utilizing Fitomalt, suitable for men' skin requirements, for cleansing and rejuvenating the skin, stimulating the senses and relieving tension (Anti-Stress)	50 Min	400 NIS

## Couples Treatment

The Couple's Temple	A massage conducted in a dual size room together with fruits and wine	50 Min	600 NIS
The Vitalis Waterfall	A private evening in the Vitalis spa which includes using the spa's facilities, a 50 minute couple's treatment and a romantic dinner in the foothills of the waterfall. Additional couples can be included, up to a total of 8 people	From 20:00 until midnight	2600 NIS with a 500 NIS addition per person

### ***Please Note the following:***

- ✓ All prices are in New Israeli Shekels
- ✓ Entrance to the spa for 18 years and over only.
- ✓ For your convenience, you will receive a locker, robe and slippers.
- ✓ Arrival to the spa should be made 15 minutes prior to the scheduled treatment for the purpose of filling out a health questionnaire.
- ✓ Entrance to the studio and gym with sports shoes and clothes only.
- ✓ It is recommended to arrive to your treatment in a robe and slippers. For Shiatsu and Thai treatments please arrive with light comfortable clothing.
- ✓ Please make sure to arrive on time to your treatments (duration will be shortened accordingly.)
- ✓ Altering treatment type and/or treatment schedule can be made up to 2 hours prior to the treatment.
- ✓ Treatment cancellation on that same day will be charged at a 50% cancellation fee, non-arrival without prior notice will be charged fully.
- ✓ Guests that reserve a spa treatment can use the spa facilities 1 hour prior to the treatment booked.
- ✓ In case the treatment can not be conducted due to a medical limitation, an alternate treatment will be offered.
- ✓ Vitalis Spa reserves the right to make any amendments to treatment and prices without prior notice.
- ✓ No double offers allowed.

For additional details, please dial 84 from your room or directly to: 08-6380008  
As a Vitalis guest please use your robes and slippers provided in your room.