



יערות הכרמל

Isrotel Exclusive Collection

TREATMENT TYPES	SUMMARY	DURATION
CREAM BASED PEELING	Skin cleansing (Removal of dead skin cells). "Melon" or "Mint-Vanilla" scented refreshing peeling enriched with shea butter. After the peeling a moisturizing scented cream is spread gently over the body. A revitalizing treatment. Appropriate for sensitive skin.	45 MIN.
SALT PEELING	Skin Cleansing (Removal of dead skin cells). A flowing massage with an energizing salt rub scented with "Vanilla, Lavender-Patchouli", "Orange-Vanilla", "Apple-Lemon" and "For Men". After the peeling, the body is gently massaged with the appropriate Shea butter cream.	45 MIN.
MUD WRAP	Warm mud mask rich in minerals. Excellent for general relaxation. Recommended for arthritic pains.	50 MIN.
SEAWEED WRAP	Seaweed mask rich in skin-nourishing vitamins and minerals. A nourishing and purifying treatment.	50 MIN.
REIKI	Treatment which is administered with hands placed on the body whereas energy is transferred from the therapists body and into the patients'.	50 MIN.
SWEDISH MASSAGE	Classic European massage with almond oil that stimulates blood flow and relieves muscular and emotional tension. Recommended for relaxation seekers.	50 MIN.
POLARITY	Luxurious massage of the scalp, hands and feet which offers total relaxation from head to toe.	50 MIN.
REFLEXOLOGY	Massage combined with pressure on the soles of the feet, causing complete relaxation.	50 MIN.
KESE – BODY PEELING	The traditional Turkish treatment for softening and purifying the skin. The treatment includes a massage with a special exfoliating glove.	25 MIN
TURKISH MASSAGE	A strong and stimulating massage for improved blood circulation and release of muscular tension.	25 MIN
BEAUTY CRISTINA (FACIAL)	A basic , 100% natural treatment, based on vitamins and medical herbs, purifies and improves the moisture reservoir, slows the skin's aging process and increases skin acidity. Recommended for all skin types.	45 MIN
BEAUTY DERMALOGICA (FACIAL)	A calming relaxing and pampering basic treatment for the face. The treatment includes peeling, a facial rich aromatherapy massage, and a refreshing mask. Leaving your skin glowing and healthy.	45 MIN
SHIRODHARA	Oil libation in the center of the forehead, accompanied by a face and scalp massage.	45 MIN
MASSAGE FOR PREGNANT LADIES	A relaxing massage with almond oil that reduces the feeling of heaviness (suitable from week 14 of pregnancy).	45 MIN
LUXURY PEDICURE	Toenail and feet care	45 MIN
LUXURY MANICURE	Hands and Finger nail care.	45 MIN
NUTRIONIST CONSULTAION	Includes computerized Body Composition Test ,personalized menu building according to the computerized test results, the lifestyle and the Guest's stat of health.	45 MIN

Tel: 04-8307858 between 09:00-18:00 ,sun-thu, or by Fax: 04-8307899 ,e-mail: cf-spa@isrotel.co.il.